

Lessons with Laura



*Instructor Laura Owen specializes in progressive horsemanship -working both in and out of the saddle in order to establish a firm foundation and achieve effective communication with your horse. Laura's background includes western dressage and trail obstacles and Laura has competed at the AQHA level successfully with her mounts. Laura will offer ground work as well as mounted lessons for the day.

Event: Lessons, Ground-work, Ride the Park, Obstacle practice Day

To: Benefit Green Hill Equestrian Park - footing and ring repair

Date: Saturday, April 15, 2023 Times: 9:30-5:30 pm

*Park opens at 9:30 am with registration check in and lessons will begin at 10:00 am

Schedule for the day:

10:00-10:45 am	First session- Communicating with your horse on the ground Learn better communication skills with your horse before you Ride to make each riding experience your best.
10:45-11:00 am	Instructor Break, answer questions, transition to session 2
11:00-11:45 am	Second session - same as first
11:45 am	Laura will take a break and then we will have lunch
12:00-1:00 pm	Lunch with Laura - as you enjoy your lunch, we will also have An open discussion of the morning's work and what the afternoon Mounted objectives are. Bring your questions and your lunch - we Will provide bottled water and various beverages for a \$1 donation To Roanoke Valley Horse Rescue feed fund*
1:00-1:50 pm	First session - Mounted lesson (limit 4 riders)
2:00-2:50 pm	Second session - Mounted lessons (4)
3:00-3:50 pm	Third session - Mounted lessons (4)
4:00-5:00 pm	Communicating with your horse - Obstacle work -open to everyone who Would like to practice some obstacle work with help - near lower Pavilion
5:00-5:30 pm	Close up Park

Costs: \$75.00 for day includes one session Ground, 1 mounted lesson and Obstacle course
work-out at end of day and covers your day fee for GHEP. All proceeds to GHEP. Make checks
payable to: Green Hill Equestrian Park. Register with Debbie Mooty, 540-312-8393 (call/text)

*If you would like to come ride at GHEP for day, register for the day pass and come enjoy the
park for \$ 15.00 without a paid member because we will be there. If you would like to work
over obstacle course, add \$10.00.

*We will also collect the following for Roanoke Valley Horse Rescue: canned corn, carrots, corn
oil, applesauce, Sentinel Sr. feed, donations of old linens, towels. Thank you in advance for
remembering the ones who can't speak for themselves. Every donation is appreciated and with
each donation, you can put your name and number in to win a free \$25 Tractor Supply card -
drawing at end of lunch. Must be on-site to collect. THANK YOU!

*To register for day: 540-312-8393 and we will have day passes available for park.